

Resume

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Present Position/Institution:

- PhD Student/ Department of Epidemiology, School of Public Health, University of Pittsburgh

Education

Peking University

- September, 2013 – July, 2018 Bachelor of Medical Science, Preventive Medicine
- August, 2018 – July, 2020 Master of Medicine, Epidemiology and Biostatistics

University of Pittsburgh

- August 2021 – Now Ph.D. Student, Epidemiology (Aging)

Awards

- 2014-2017 Third-Class Scholarship for Outstanding Medicine Student.
- 2017-2018 Second-Class Scholarship for Outstanding Medicine Student.
- 2018-2019 Peking University Merit Student.
- 2020 Outstanding Graduate of Peking University

Publications

1. **Yao SS**, Meng X, Cao GY, et al. Associations between Multimorbidity and Physical Performance in Older Chinese Adults. *International Journal of Environmental Research and Public Health*. 2020;17(12):4546. Published 2020 Jun 24. doi:10.3390/ijerph17124546
2. **Yao SS**, Cao GY, Han L, et al. Associations Between Somatic Multimorbidity Patterns and Depression in a Longitudinal Cohort of Middle-Aged and Older Chinese. *Journal of the American Medical Directors Association*. 2020;21(9):1282-1287.e2. doi:10.1016/j.jamda.2019.11.028
3. **Yao SS**, Cao GY, Han L, et al. Prevalence and patterns of multimorbidity in a nationally representative sample of older Chinese: results from CHARLS. *The journals of gerontology Series A, Biological sciences and medical sciences*. 2019.
4. **Yao SS**, Cao GY, Li M, Ai P, Huang Z, Xu B. The prevalence and patterns of multimorbidity among community-dwelling older adults in China: a cross-sectional study. *The Lancet*. 2018;392:S84.
5. **Yao SS**, Wang JM, Zhang L, et al. Investigation on the influencing factors for passive smoking among women at early stage of pregnancy in areas with high education level in Beijing. *Chinese Journal of Health Education*, December 2019.
6. **Yao SS**, Duan XQ, Zhang L, et al. The investigation of knowledge, attitude and behavior for physical activity during pregnancy of pregnant women. *Chin J Fam Plann*, 2018, 26(07):21-24.
7. **Yao SS**, Cao GY, Chen ZS, et al. Multimorbidity patterns are differently associated with depression in middle aged and older Chinese. *Innovative Aging* 2019. DOI: 10.1093/geroni /igz038.2906
8. Wang XW, **Yao SS**, Wang MY, et al. Multimorbidity among Two Million Adults in China. *Int J Environ Res Public Health*. 2020;17(10):3395. Published 2020 May 13. doi:10.3390/ijerph17103395
9. Cao GY, **Yao SS**, Wang K, et al. Vision impairment, vision correction, and cognitive decline among middle-aged and older Chinese: results from the China health and retirement longitudinal study [published online ahead of print, 2020 Oct 16]. *Aging and Mental Health*. 2020;1-8. doi:10.1080/13607863.2020.1828271
10. Cao GY, **Yao SS**, Zhang Q, et al. Visual impairment is associated with cognitive impairment among adults aged 50 years and older in China: data from the China Health and Retirement Longitudinal Study. *Lancet* (London, England).
11. Cao GY, **Yao SS**, Chen ZS, Huang ZT, Xu B. Temporal Trends In Incidence Rates Of Vision

- Impairment Among Middle-Aged and Older Chinese. *Innovative Aging*. 2019;3(Suppl 1):S485-S486. Published 2019 Nov 8. doi:10.1093/geroni/igz038.1803
12. Zhang Q, Cao GY, **Yao SS**, et al. Self-reported vision impairment, vision correction, and depressive symptoms among middle-aged and older Chinese: Findings from the China health and retirement longitudinal study [published online ahead of print, 2020 Aug 11]. *Int J Geriatr Psychiatry*. 2020;10.1002/gps.5398. doi:10.1002/gps.5398
 13. Huang ZT, Cao GY, **Yao SS**, et al. Cardiometabolic multimorbidity and depression in adults aged 45 years and older in China: longitudinal findings from the China Health and Retirement Longitudinal Study. *The Lancet*, 2019.
 14. Xu B, Cao GY, **Yao SS**, Chen ZS, Huang ZT. Self-Reported Vision Impairment, Vision Correction, And Depression Among Middle-Aged and Older Chinese. *Innovative Aging*. 2019;3(Suppl 1): S268. Published 2019 Nov 8. doi:10.1093/geroni/igz038.995
 15. Li M, Wu Y, Tian YH, Cao GY, **Yao SS**, Ai P, Huang Z, Huang C, Wang XW, Cao YY, Xiang X, Juan J, Hu YH, et al. A Meta-analysis on the relations between short-term exposure to PM(2.5) and both mortality and related emergency visits in China. *Zhonghua Liu Xing Bing Xue Za Zhi*. 2018 Oct 10;39(10):1394-1401. doi: 10.3760/cma.j.issn.0254-6450.2018.10.019. PMID: 30453443.
 16. Cao GY, Li M, Han L, Tayie F, **Yao SS**, et al. Dietary Fat Intake and Cognitive Function among Older Populations: A Systematic Review and Meta-Analysis. *The journal of prevention of Alzheimer's disease*. 2019;6(3):204-211.
 17. Zheng HC, Li N, Hao Y, Jin CY, Meng Y, **Yao SS**, et al. Maternal severe stressful life events and risk of abnormal vaginal bleeding among urban Chinese pregnant women. *Journal of Maternal-Fetal and Neonatal Medicine*, 2018:1-5

Conferences

- The Lancet and Chinese Academy of Medical Sciences (CAMS) - Oct 2018
- Frailty-China Conference 2019 - Oct 2019
- The Gerontological Society of America (GSA), 71st Annual Scientific Meeting - Nov 2019